

THE UNIVERSITY OF ALABAMA
COLLEGE OF ARTS AND SCIENCES
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DEPARTMENT OF PHILOSOPHY
P. O. BOX 6289

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Dear José,

We had a great trip -- useful for H.K. and fun for us both. A friend asked me if we were getting an early start on bicentennial-ling. Now back to life in Tuscaloosa.

I am sending you a package which looks as if it contains a book. Inside is something to eat which I remember your liking when you were here.

Enclosed are some key pages from The Save Your Life Diet by David Reuben. I have been eating bran myself for a couple of days and am already an advocate.

Hope you have had a good rest. I want to thank you again for lunch.

Best Wishes for the New Year!

Devotedly,

Kettle